



## THE SCHMUTZY FAMILY

Written by Madelyn Rosenberg Illustrated by Paul Meisel

The Schmutzys are messy all week long, and no one—not even Mom!—seems to care a bit. When Friday rolls around, everyone helps clean up as the family prepares for Shabbat.

hen Friday rolls around, the Schmutzy family seems to transform itself. Between sunset on Friday and Saturday evening when three stars appear in the night sky, Jewish families around the world celebrate *Shabbat* in countless way. For the Schmutzys, this includes candle-lighting on Friday evening, enjoying a special meal, singing, and synagogue services. For many families, *Shabbat* can be a time set aside—to be with friends, visit neighbors, enjoy special foods, and catch up with family and friends about what happened during the week. Regardless of the ways your family celebrates, *Shabbat* is a time to enjoy the specialness of unwinding and recharging.

## **SAMEACH B'CHELKO**

Regardless of what they do, the Schmutzys seem to enjoy themselves, just by being together as a family. The Hebrew phrase sameach b'chelko means being satisfied with what one has. A lesson in Pirke Avot (a book of teachings from ancient Jewish sages) reads: "Who is rich? One who is content with one's lot." The Schmutzy family really seems to have taken this teaching to heart!

## **USING THIS BOK AT HOME**

Do you know a family like the Schmutzys? In Yiddish—an ancient language referred to as the *mameloschen* (mother

tongue) of the Jewish people—schmutzy is a gentle term for dirty or messy. Yes, the children are farshtunken (another Yiddish word, meaning "smelly") but they enjoy life! While they "clean up their act" for Shabbat, the Schmutzys still enjoy themselves—together. Here are some ideas for a family Shabbat that might work for your family:

- Have a Friday evening book marathon. Read and read and read together. (Cocoa with marshmallows wouldn't hurt either!)
- See how much time you can spend outside on Shabbat.
  (Think: park, playground, beach, orchard, back yard.)
- Have a Shabbat picnic. (PB&) on challah, anyone?)
- Play games.
- Tell stories.
- Look forward to the next Shabbat. Pi

